ANNUAL REPORT 2026 | ACHIEVABLEHEALTH.ORG

Champions for I/DD Care.

Message From The Chief Executive Officer

Dear Friends of Achievable Health,

Carmen Ibarra
Chief Executive Officer

2026 marked an incredible year for Achievable Health. It was a year of growth, new partnerships, and important milestones that are helping shape the future of healthcare for people with intellectual and developmental disabilities (I/DD).

This year, we proudly opened the Lovelace Center, our new home and an important investment in our ability to provide compassionate, high-quality healthcare to our community. However, our impact extended far beyond the walls of the Lovelace Center. We served more patients than ever before, reaching more individuals and families who depend on Achievable Health for healthcare.

We launched two pilot education programs with the Keck School of Medicine of USC Family Medicine Residency Program and the Kaiser Permanente Bernard J. Tyson School of Medicine. These partnerships are helping train the next generation of healthcare providers to better understand the healthcare needs of individuals with I/DD—an investment that will extend far beyond the patients we serve today.

At the same time, we are navigating an increasingly challenging healthcare landscape. Community Health Centers like Achievable Health are facing significant state and federal funding pressures at a time when the need for our services continues to grow. These challenges make our mission more urgent than ever and underscore the importance of ensuring that Achievable Health has the resources to continue meeting the needs of our community.

This year also marked a deeply meaningful moment in my own journey with Achievable Health. Earlier this year, I shared my plans to retire from Achievable Health in 2027. At our annual gala, I was humbled to be celebrated by our community for 12 years of service. After many years of building this organization alongside an extraordinary team, it is both emotional and gratifying to look toward this next chapter, knowing that Achievable Health is stronger than ever and well positioned for the future.

I am especially proud to enter this transition at such an exciting time. The Lovelace Center gives Achievable Health room to grow. Our education partnerships are helping us shape the future of care. And our commitment to serving people with I/DD has never been stronger. There has never been a greater opportunity to expand access to the high-quality care our community needs.

Philanthropy has never been more important to Achievable Health. The generosity of all our donors, including those listed in this report, gives us the flexibility to innovate, expand access, invest in our patients and our team, and pursue opportunities that traditional healthcare funding cannot fully support. As we look to the future, philanthropic support will be essential to sustaining our momentum and ensuring that we can continue to grow alongside the needs of the community we serve.

The stories and data in this report bring our commitment to life. I hope they leave you with the same sense of pride I feel in the people and families we serve. It is a powerful reminder of what's possible when we come together around a shared vision.

Thank you for being part of the Achievable Health community.

With gratitude,

Carmen Ibarra
Chief Executive Officer

READY FOR SPECIAL OLYMPICS 2027: CHRISTIANA'S STORY

Next year, Christiana is going to Chile. At 31, she's already traveled the country, played the sports she loves, built lasting friendships, and spent time working at Marshalls and helping her mom with real estate. Now, she's preparing for one of her proudest adventures yet: competing with Special Olympics on an international stage.

But this journey began long before Chile was on the horizon, an opportunity she counts among her proudest accomplishments yet.

At six years old, Christiana was diagnosed with auditory processing disorder and expressive aphasia. Through kindergarten and into elementary school, she spoke only a handful of words. But with the support of a dedicated speech pathologist, she made remarkable progress—going from using words about 20 percent of the time to 90 percent in a single year.

It was a turning point. As Christiana found her voice, new possibilities opened up: connecting more easily with the people around her, discovering the things she loved, and building the confidence to pursue a life that is uniquely her own.

Years later, as a young adult, Christiana found Achievable Health through her regional center and became one of the clinic's first patients when it opened its doors in 2013. What she was hoping to find, more than anything, was a doctor who understood her and her family. "Previous doctors rushed through appointments and didn't take their time with her care," her mother recalls. At Achievable Health, the experience has been different from the start. Dr. Michelle Catanzarite, known to her patients as 'Dr. C,' takes the time to listen and provide thoughtful, thorough care. Christiana describes her bedside manner as incredible, saying she's never felt judged and has always felt comfortable sharing her concerns and challenges openly.

That foundation—of being known, supported, and given the space to find her own voice—helped make it possible for Christiana to say yes to something new.

Her journey with Special Olympics began almost by accident. Christiana and her mom attended a themed dance hosted by EKO in Manhattan Beach, where another parent mentioned that their child competed in Special Olympics. Curious, they went to cheer the team on. Christiana loved what she saw, and by the following season, she had joined the team herself.

What started with simply showing up to support someone else soon became something of her own—a place where Christiana could challenge herself, build friendships, and discover just how much she was capable of.

Since then, Christiana has discovered a talent for basketball, and joining the Special Olympics team has become one of the proudest parts of her life. Along the way, she's made new friends, been considered for an ambassador role with the organization, and reached another milestone earlier this year: traveling to Pittsburgh with her team for the first time without her mom.

And next year, she's going even farther: Chile for the 2027 Special Olympics. Through every new challenge and accomplishment, Dr. C has been in her corner

"I love Dr. C," Christiana says. "She's amazing. She's happy and proud of me for being in the Special Olympics. I want to bring her more patients. She's amazing to my mom too. I'm happy to have her as my doctor."

That relationship captures something at the heart of Achievable Health: care that goes beyond appointments. It's about knowing each patient, celebrating their milestones, and being there as they take on what comes next.

When Christiana steps onto the field in Chile next year, she won't be stepping out there alone. Her family, teammates, friends, and care team will be cheering her on from home—and Achievable Health will be proud to be part of the team behind her.

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Fulfilling Our Mission: Achievable Health's mission is to provide high-quality healthcare to our community, with a specialty in treating individuals with intellectual and developmental disabilities and their families. The metrics below provide a more in depth look at our impact.

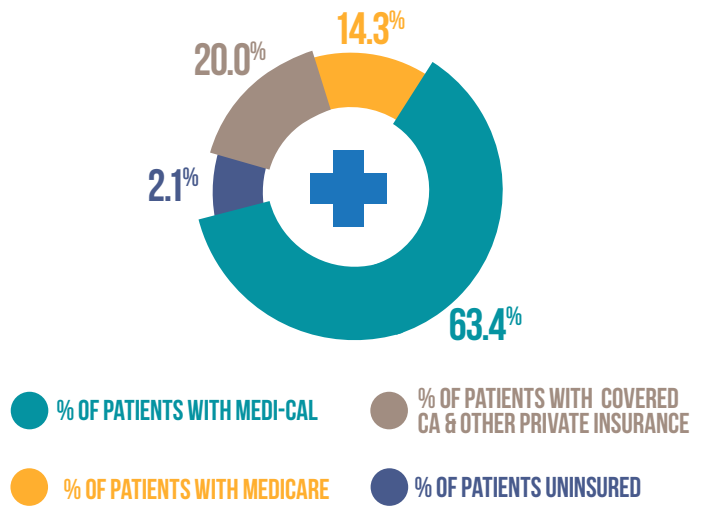
Unique Patients Seen

3,331

Patient Visits

12,362

Type of Insurance



Building brighter futures through screening

>90%

of preschool-aged children are assessed for developmental delay and receive education and connection to resources to address identified needs.

ASSESSMENT + EDUCATION + RESOURCES

Achievable Health Earns Two National Badges for Healthcare Quality and Technology.

2026 High-Value Care Badge

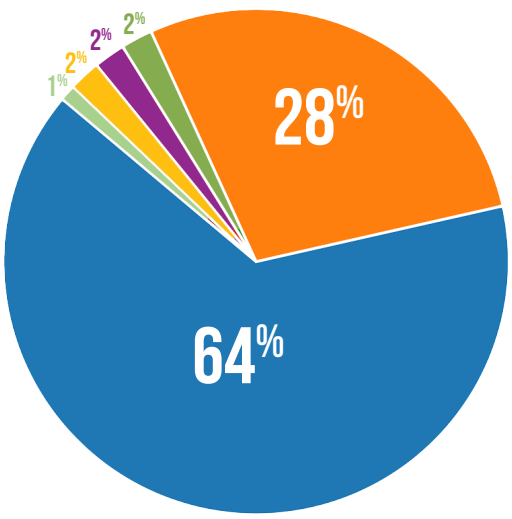
Recognized for delivering high-quality care while maintaining responsible cost growth, placing Achievable Health among the nation's top-performing health centers.

2026 Advancing HIT for Quality Badge

Recognized for using health information technology to expand access, engage patients, coordinate care, and better understand and address patients' health-related needs.

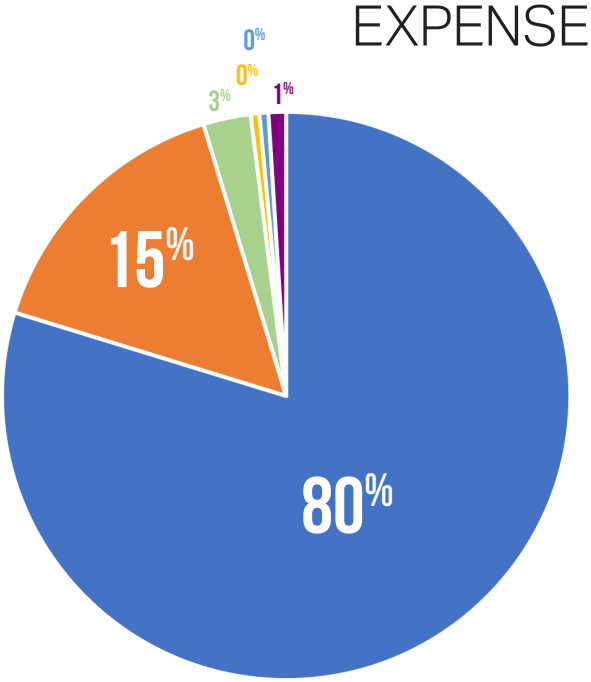
Fiscal Year 2026 Financials*

INCOME: $5,824,129



- **Patient Service Revenue** $3,744,085
- **Institutional Giving** $1,657,663
- **Individual Giving** $69,842
- **Special Event** $88,654
- **Interest and Other Revenue** $128,353
- **Capital Campaign** $135,532

EXPENSES: $5,796,855



- **Wages & Benefits** $4,622,948
- **Other Health Center Expenses** $901,097
- **Operating Expenses** $156,595
- **Fundraising Expenses** $28,603
- **Health Center Expansion** $29,697
- **Depreciation Expenses** $57,914

Net Income/(Expense): $27,274

* Unaudited
Once the audit is complete, it will be available upon request.

Thank You To Our Philanthropic Partners

Our work is made possible by a community of generous supporters who believe everyone deserves access to high-quality, compassionate healthcare. Achievable Health is deeply grateful to every donor whose generosity helps us care for our patients, expand access to care, and build a healthier community. The following list recognizes donors whose cumulative cash contributions and pledge payments totaled $1,000 or more between July 1, 2025, and June 30, 2026.

$100,000-$249,999+

Good Hope Medical Foundation
JL Foundation

$50,000-$99,999

Cedars-Sinai
L.A. Care Health Plan

$25,000-$49,999

QueensCare Health
Kaiser Permanente

$10,000-$24,999

Albertsons/ Vons/ Pavilions Foundation
Carl W. Johnson Foundation
Crail-Johnson Foundation
Direct Relief
Marla & Edward Wolkowitz
The Harold R. Swanton & Winifred R. Swanton Foundation
The Sawchuk Family Foundation
The Sheri & Les Biller Family Foundation

$5,000-$9,999

Claudia Kunin
Kent & Pat Graham
Mary Jane & Bob Steiner
Special Needs Dental Associates/ Lekavich Dental Corporation
Thomas H Kenney Hazzie Foundation

$2,500-$4,999

Areva Martin
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Design Build Labs
Eric Carr & William Tobin
Golden Life Supported Living Agency Inc.
Ira Goldberg
Locata
MedPoint Management
Mike & Diann Danneker
Mike & Gayle Galper
Sara Hudoba
UniHealth Foundation

$1,000-$2,499

Anonymous
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Community Clinic Association of Los Angeles County
Dan & Beverly O'Brien
Dan Volpe
David & Flora Ellen Kanter
Haejin Baek
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Sally Hughes
Special Children's League South Bay Committee
Susan K. Leonard
The Gurwin Family Foundation
Tito's Vodka
William & Amanda Robertson

This year Achievable Health also recognizes cumulative donations and pledges in support of our expansion project, Building Our Future: Achievable. Together.

$1,500,000+

Yield Giving

$1,000,000-$1,499,999

Anahita & Jim Lovelace

$250,000 - $999,999

W.M. Keck Foundation

$100,000-$249,999

Cedars-Sinai
L.A. Care Health Plan
The Ahmanson Foundation
The Ralph M. Parsons Foundation
The Rose Hills Foundation

$50,000-$99,999

John Gogian Family Foundation
UniHealth Foundation

$25,000-$49,999

Cognizant
Danise Lehrer & Teddy Tannenbaum
George Hoag Family Foundation

$25,000-$49,999 Cont'd

Mary Jane & Bob Steiner
Mike & Gayle Galper

$10,000-$24,999

Direct Relief
Eric Carr & William Tobin
Max Factor Family Foundation
Wipro

$5,000-$9,999

Alan C. Kenney & Adam Ma
Carmen & Leonel Ibarra
Claudia Kunin
FirstSource
Special Children's League South Bay Committee
The Rosalinde and Arthur Gilbert Foundation

$2,500-$4,999

John & Catherine Chavez
Maria Nazario & Armando Castellvi

$1,000-$2,499

Debra A. Farmer & Robert Hartstone
Judy Guzy
Sharon & Amanda Porta

JONATHAN'S STORY

Outside of his health journey, Jonathan is easygoing and social, someone who unwinds with music and video games, and who keeps a simple, steady rhythm to his mornings: making breakfast, then heading out to work out, building strength in his legs and arms.

For Jonathan, staying active has become an important part of his life. It's also something he never expected to become part of his routine. Living with muscular dystrophy, a condition that progressively weakens the muscles and can make everyday movement a challenge, makes his commitment to staying active even more meaningful.

Managing a complex condition like his takes more than a single appointment. It requires consistent follow-up, coordination across providers, and a care team that understands how health affects every part of daily life.

Before Achievable Health, Jonathan's care was scattered across different places for different needs. There was no single team keeping track of the whole picture, just a patchwork of appointments. That changed two years ago, when a friend, Mrs. Norma, recommended Achievable Health. Jonathan came in, and he hasn't left since. "They have everything I need," he says.

What stood out most to Jonathan is how genuinely his care team cares. He describes his experience with Dr. Bonnie Moon— 'Dr. Bonnie,' as her patients call her—as one that goes beyond a typical appointment. "She actually cares about her patients," he says. "She asks about your wellbeing, and it feels like family. She understands hardships."

With Dr. Bonnie's encouragement, Jonathan found a way to stay active that felt achievable to him and gave him real confidence, something that carries extra meaning given his diagnosis. Her steady support helped him feel comfortable moving his body at his own pace, and the effects have gone well beyond the physical. Jonathan says the changes have boosted his confidence and his sense of what he's capable of. Staying active now leaves him feeling positive and motivated, and he's found meaning in being an example for others, too. "If someone who doesn't know me sees that I can do it, it feels encouraging," he says. "It's like they have a team behind them."

Asked what he'd want someone considering Achievable Health to know, Jonathan points to the depth of experience and understanding across the team: "They're knowledgeable and experienced in helping people like me, and in understanding them."

> "If someone who doesn't know me sees that I can do it, it feels encouraging."

For Jonathan, being understood is at the heart of what makes Achievable Health different. Here, he has found more than a place to receive care. He has found a team that knows him, supports him, and is behind him every step of the way.

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