



Carmen's Corner

Dear Friends,

Since we last connected, our organization reached a milestone years in the making: the opening of Achievable Health's Lovelace Center!

Welcoming patients into this beautiful new home has been a moment of celebration and reflection for our entire organization. The Lovelace Center represents more than a new building—at a time of great uncertainty, it represents expanded access to high-quality healthcare, and a lasting investment in the health and well-being of the patients and families who trust us with their healthcare.

This achievement was only possible because of you. We are deeply grateful to the community of donors, partners, and supporters whose generosity helped bring this vision to life. Thank you for believing in our mission and helping create a space where patients will receive compassionate, comprehensive care for generations to come.

We also recently came together at our *It's Achievable Gala*, an evening that highlighted the strength of our community and the shared commitment that makes our work possible. Thank you to everyone who attended, sponsored, volunteered, and supported the event. Your partnership continues to fuel our mission and expand our impact.

As we look ahead, the stakes for community health centers are real. While we recently celebrated the passage of Measure ER—a meaningful investment in Los Angeles County's healthcare safety net—we continue to face significant uncertainty. The H.R.1 bill threatens to reduce Medicaid funding that many of our patients depend on, and we are closely monitoring what these changes will mean for the people we serve. In this environment, your support is more important than ever.

One of the most meaningful ways to help sustain our mission is by joining the Healthcare Champions Circle. Through recurring monthly giving, Champions Circle members provide reliable, ongoing support that allows Achievable Health to respond to changing needs, invest in people and programs, and continue providing exceptional care regardless of what challenges may arise. More information on page 5.

As we welcome patients into the Lovelace Center and begin this exciting new chapter, I am filled with gratitude for all that we have accomplished together. Thank you for standing with us and helping ensure that Achievable Health remains a place where every person can access the healthcare they deserve.

With gratitude,

Carmen Ibarra, Chief Executive Officer



Carmen Ibarra
Chief Executive Officer
Achievable Health

This issue:

Carmen's Corner
Page 1

The Lovelace Center
Page 2 & 3

Seeking Care,
Finding Purpose
Page 4

Healthcare
Champions Circle
Page 5

Share your Story
Page 6



The Lovelace Center: A New Home for our Patients and Community

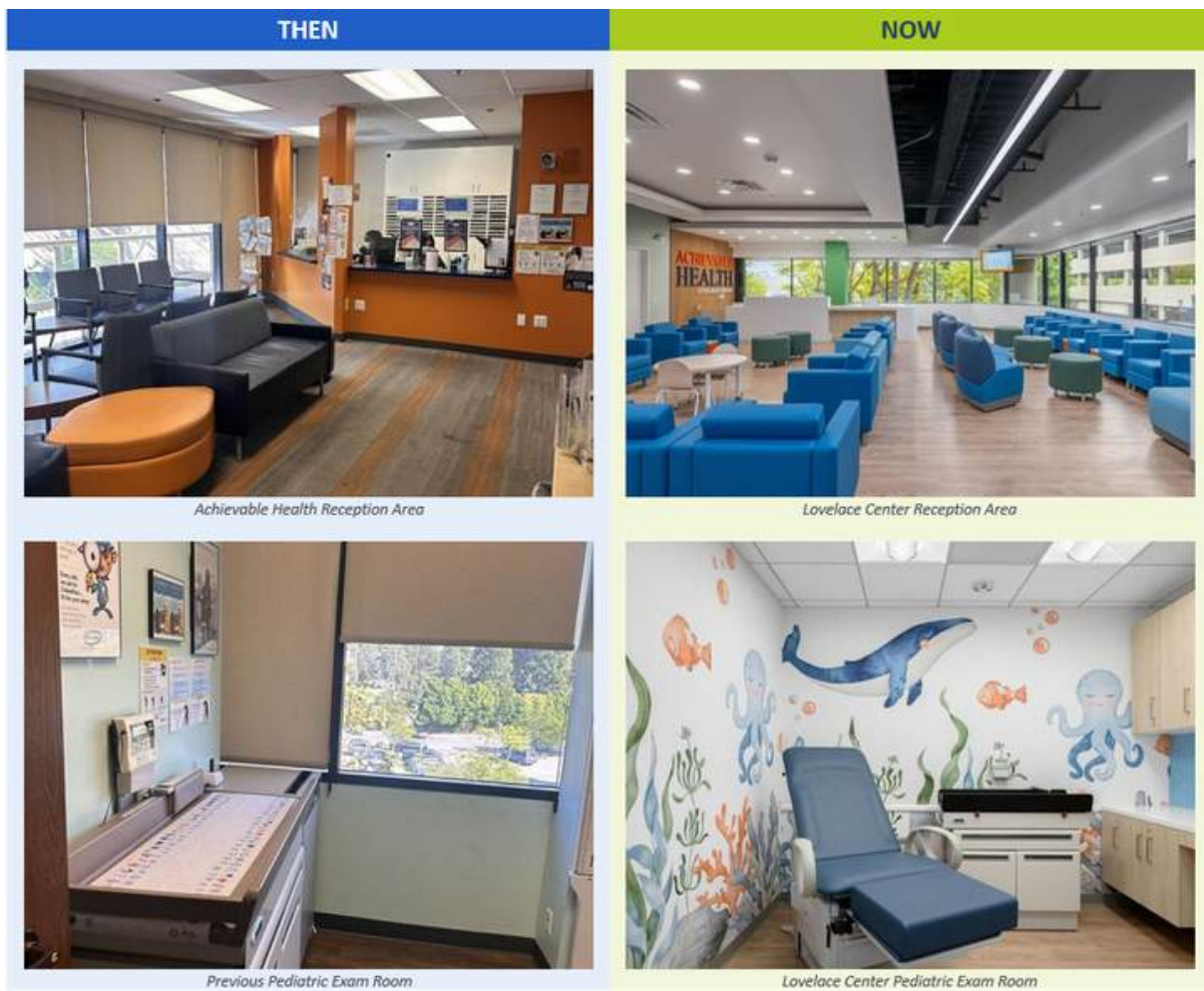
After years of planning, fundraising, and construction, the Achievable Health Lovelace Center is now open.

This milestone is more than a new address—it is the fulfillment of a promise to our patients, our community, and individuals with intellectual and developmental disabilities (I/DD) who deserve a healthcare home designed with their needs at the center.

The Lovelace Center exists because of the generosity of our donors, the dedication of our staff, and the unwavering belief of our community in this mission. Thank you for making it possible.

“The Lovelace Center is emblematic of Achievable Health’s commitment to this community.”

DR. MICHELLE CATANZARITE,
CHIEF MEDICAL OFFICER,
ACHIEVABLE HEALTH



Walking into the Lovelace Center, the difference is immediate. Light-filled, open spaces replace narrow hallways. Sensory rooms offer calm and regulation for patients who need a quieter environment. Exam rooms are designed for every body, ensuring accessibility without compromise.

Primary care and behavioral health teams are under one roof, working side by side to deliver truly integrated care. Coordinated care shouldn't be the exception—it should be the standard.

With capacity to serve twice as many patients, the Lovelace Center expands what's possible for individuals with I/DD who have too often gone without a provider who truly understands their needs. Here, care is more connected, more accessible, and more responsive from the moment a patient walks through the door.



BEFORE	NOW
<p>8,000 patient visits / year</p>	<p>~19,000 patient visits / year (projected)</p>
<p>3,300 sq ft total facility space</p>	<p>10,000 sq ft space for care, training & community</p>
<p>6 exam rooms</p>	<p>13 exam rooms with specialized equipment</p>
<p>2 behavioral health rooms</p>	<p>4 behavioral care rooms</p>

Patient Exam Rooms

Thirteen fully accessible exam rooms equipped with specialized features for patients who use wheelchairs or require mobility support—designed so every patient can receive care safely, comfortably, and with dignity.

Mental Health & Behavioral Care Rooms

Four dedicated rooms for mental healthcare allow our behavioral health team to provide focused, private, and compassionate care – all under one roof alongside primary care.

Sensory Rooms

Designed with care in mind, sensory rooms provide a calm, low-stimulation environment for patients who may feel overwhelmed or triggered by traditional medical settings, offering space to regulate before or during their visit.

Collaborative Charting Rooms

Dedicated charting rooms enable primary care providers and behavioral health clinicians to work side by side, strengthening communication and improving coordination across teams.

W.M. Keck Conference Room

A dedicated conference room supports clinician training, care team collaboration, and small educational gatherings—helping advance and grow the next generation of I/DD healthcare providers.

Mother's Room

A dedicated private lactation suite supports new mothers among our staff and patients, reflecting a whole-person, family-centered approach to care.



“I want to thank the remarkable team at Achievable Health, along with the many donors, volunteers, and physicians who have helped turn an idea into a thriving community resource.”

TEDDY TANNENBAUM

Seeking Care, Finding Purpose

American University alumnus Teddy Tannenbaum is honored for his leadership in advancing inclusive healthcare

During a celebration held on May 14, 2026, American University honored Achievable Health Founding Board Member Teddy Tannenbaum with its Alumni Recognition Award, following his nomination by members of the University’s Zeta Beta Tau (ZBT) Fraternity. The award recognizes Teddy’s visionary leadership and unwavering commitment to expanding access to inclusive healthcare.



President of AU Alumni Board, Patty Caballero & Teddy Tannenbaum

Teddy and his wife, Danise Lehrer, experienced firsthand the challenges of finding accessible, high-quality healthcare for their son, Jason, who lives with autism and an intellectual disability. In seeking the care he needed, they encountered barriers familiar to many families navigating the healthcare system—barriers that often leave individuals with intellectual and developmental disabilities without the compassionate care they deserve. Those experiences became the catalyst for a vision that would grow into Achievable Health, expanding access to inclusive, high-quality care for thousands of individuals and families.

Determined to create change, Teddy and Danise joined forces with other parents who believed their children deserved better. Together, they founded The Achievable Foundation, a nonprofit dedicated to improving the lives of people with intellectual and developmental disabilities.

In 2013, the organization became a Federally Qualified Health Center, and after more than a decade of growth—and a name change reflecting its broader mission—Achievable Health now serves more than 3,200 patients annually. With the opening of the Lovelace Center and its expanded capacity, that number is expected to grow significantly in the years ahead. Thanks to advocates like Teddy and Danise, Achievable Health continues to advance equitable healthcare while ensuring every patient receives high-quality, compassionate, and dignified care.

In his acceptance speech, Teddy shared: “I want to thank Danise—my partner in life and mission—whose advocacy and love have shaped every step of this path. I want to thank Jason, who continues to teach me about resilience, patience, and joy. I want to thank the remarkable team at Achievable Health, along with the many donors, volunteers, and physicians who have helped turn an idea into a thriving community resource.”

Inspired by Teddy and Danise’s story and their lasting impact on the lives of thousands of individuals and families, Teddy’s ZBT fraternity brothers have launched a special \$20,000 matching gift challenge in their honor. Every gift made to Achievable Health by July 31, 2026, will be matched dollar for dollar until the full \$20,000 challenge has been met. We invite our community to join Teddy’s fraternity brothers in celebrating this recognition and advancing the mission that Teddy and Danise helped build. To make a gift and have your contribution matched, click [here](#).



President of American University, Jonathan Alger & Teddy Tannenbaum

Congratulations, Teddy, on this well-deserved recognition. Your leadership, vision, and enduring commitment to expanding access to inclusive healthcare have helped transform an idea born from personal experience into a thriving community resource that continues to improve lives every day.



Join Achievable Health's monthly giving program: Healthcare Champions Circle

Become part of a community of dedicated supporters working to ensure individuals with intellectual and developmental disabilities always have access to the healthcare they deserve. Click [here](#) to join this community of supporters.



"I feel fortunate to know about Achievable Health and everything it does. And to be a supporter of Achievable is one of the most meaningful parts of my life."

**-Claudia Kunin
Donor & Volunteer**

Claudia Kunin at Achievable Health's *It's Achievable Gala*



SUPPORTER

\$10/mo
\$120/year

One year of support provides a Buzzy® device- reducing needle pain by up to 88% for patients with a fear of needles

- ✓ Welcome enamel pin
- ✓ Subscription to quarterly newsletter
- ✓ Annual tax receipt

PARTNER

\$25/mo
\$300/year

One year of support funds two weeks of translation services, ensuring language is never a barrier to care.

- ✓ All Supporter perks
- ✓ Name on digital donor listing
- ✓ Exclusive donor experience invitations



CARE HERO

\$50/mo
\$600/year

One year of support covers two pediatric visits, helping children receive timely care when they need it most.

- ✓ All Partner perks
- ✓ Invitation to private donor reception
- ✓ Direct program updates

FOUNDING PATRON

\$100/mo
\$1,200/year

One year of support provides three Hepatitis A vaccines, helping protect against a rising outbreak in LA County.

- ✓ All Care Hero perks
- ✓ Listing in print annual report
- ✓ Dedicated liaison



Tell Us Your Achievable Health Story

**Has Achievable Health made a
difference in your life or the life
of someone you love?**

**We'd love to hear from you.
Click here:**

achievablehealth.org/share-your-story

